



STUDENT FOOD PANTRY

In 2018, Atlee Church opened a food pantry serving local middle and high school students. The response from the school has been wonderful and we are excited to continue serving!

“The food has made a huge difference in the culture of our school. Our students in the highest need, those who are food insecure at home, were able to take home bags of food on a consistent basis. Other students, who do not qualify for free lunch, but often lack the funds for lunch, were able to eat at lunch time. I can honestly say that having the food available seemed to take away a stressor for some of our students. We are extremely grateful for your support.” — HCPS Counselor

As we continue to serve the students at this school, we invite you to donate any of these food items in high demand:

Morning snacks (Granola bars, Nutri-grain bars, Rice Krispie treats)

Single-serve cracker snacks (Goldfish, Cheez-Its, Nabs, Lance)

Single-serve salty snacks (Pringles, chips, pretzels)

Juice boxes / pouches (Capri Sun, Kool-Aid Jammers)

Instant cup / bowl noodle meals (Maruchan, Nissin)

Single-serve boxes / bowls of cereal

Microwavable Chef Boyardee meals

Microwavable mac & cheese cups

Canned vegetables and fruit cups

Peanut butter and jelly

**Donations collected
now through
Sunday, February 11.**

ATLEE  CHURCH

WINTER FOOD DRIVE

Children need good nutrition to grow, develop, and learn. Adolescents need extra food to power their rapid growth. In our ninth school year serving Hanover County students in need, we invite you to support them with us.



ATLEE ACTION PACKS



STUDENT FOOD PANTRY

**DELIVER
TO**

ATLEE CHURCH
7171 VERDI LANE
MECHANICSVILLE, VA

**Donations collected
now through
Sunday, February 11.**



ATLEE ACTION PACKS

The Atlee Action Packs program began in 2013, with a mission to help prevent weekend hunger and provide nutrition for Hanover County students in need. Atlee Action Packs are bags of food that include 20 child-friendly items that are simple to prepare and eat. Each Atlee Action Pack provides a student with six, non-perishable meals and four snacks on weekends during the school year.

To donate one or more Atlee Action Packs, simply purchase the 20, non-perishable food items listed and follow the packing instructions.

If you have questions or would like to learn how to host an Atlee Action Packs food packing event with your friends, family, co-workers, or small group, please contact Dianne Melia at atleemma@comcast.net. Group packing events are welcome anytime during the school year!

DONATING THE FOLLOWING 20 ITEMS WILL FEED A CHILD FOR A WEEKEND

- | | |
|---|--|
| 1 single-serve box/bowl cereal | 1 single-serve bag of pretzels or Pringles cup |
| 1 single-serve mac & cheese cup (microwavable) | 1 single-serve bag of cracker/cookie snacks (ie: animal crackers, goldfish, etc.) |
| 1 box of raisins (1 oz.) | 1 pudding cup |
| 1 single-serve package of crackers (ie: Nabs/Lance) | 2 fruit cups |
| 1 bag microwavable popcorn | 2 granola bars |
| 1 Rice Krispie treat (or similar treat) | 2 single-serve Chef Boyardee microwavable meals (different kinds please) |
| 1 single-serve bag/cup of oatmeal | 2 small cans of vegetables (8 - 8.5 oz. each) |
| 1 applesauce cup | |
| 1 single-serve noodle meal (ie: Ramen, Nissin, etc.) | |

- Please adhere to the list, as the weight and size of food bags are limited. Also, please note the last four items listed request **TWO** of each.
- Avoiding nut products is helpful, but not essential this year.
- Please be mindful of food expiration dates when purchasing items, as food bags are stored and delivered throughout a full semester of school.

PACKING

Please place the 20 items in a plastic grocery bag, placing heavy items on the bottom. Then, double up with a second plastic bag and tie closed. If you have a brown paper grocery bag, please place your food bag inside one as it greatly helps with storing.

To learn about “Food for Thought”, our middle and high school food pantry, please see the next page. →