

Children need good nutrition to grow, develop, and learn. Adolescents need extra food to power their rapid growth. As we enter our eighth school year serving Hanover County students in need, we invite you to support them with us.



ATLEE ACTION PACKS

Donate these 20, food items and feed a local elementary student for a weekend!

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| 1 single-serve box/bowl cereal | 1 single-serve bag of pretzels or Pringles cup |
| 1 single-serve mac & cheese cup (microwavable) | 1 single-serve bag of cracker/cookie snacks (ie: animal crackers, goldfish, etc.) |
| 1 box of raisins (1 oz.) | 1 pudding cup |
| 1 single-serve package of crackers (ie: Nabs/Lance) | 2 fruit cups |
| 1 bag microwavable popcorn | 2 granola bars |
| 1 Rice Krispie treat (or similar treat) | 2 single-serve Chef Boyardee microwavable meals (different kinds please) |
| 1 single-serve bag/cup of oatmeal | 2 small cans of vegetables (different kinds please) |
| 1 applesauce cup | |
| 1 single-serve noodle meal (ie: Ramen, Nissin, etc.) | |

Atlee Action Packs Packing Guide:

Please place the 20 items listed above in a plastic grocery bag, with heavy items on the bottom. Then, double up with a second plastic bag and tie closed. If you have a brown paper grocery bag, placing your food bag inside one will greatly assist with storing.



STUDENT FOOD PANTRY

These simple food items, in high demand, will greatly serve local middle/high school students!

- Single-serve boxes/bowls of cereal
- Granola bars/breakfast bars/pop tart mini-bites
- Instant cup/bowl noodle meals (ie: Maruchan/Nissin)
- Cheese/peanut butter crackers (ie: Nabs/Lance)
- Microwavable Chef Boyardee meals
- Microwavable mac & cheese cups
- Microwavable popcorn
- Peanut butter and jelly
- Capri Sun / Kool-Aid Jammers juice pouches

DRIVE UP AND DROP OFF:

ATLEE CHURCH • 7171 VERDI LANE
MECHANICSVILLE, VA 23116

On Sunday, Sept. 12, 12 - 2 PM, Atlee staff and volunteers will be outside of the Kid's entrance to accept donations. Thank you!

Questions? Email atleemma@comcast.net